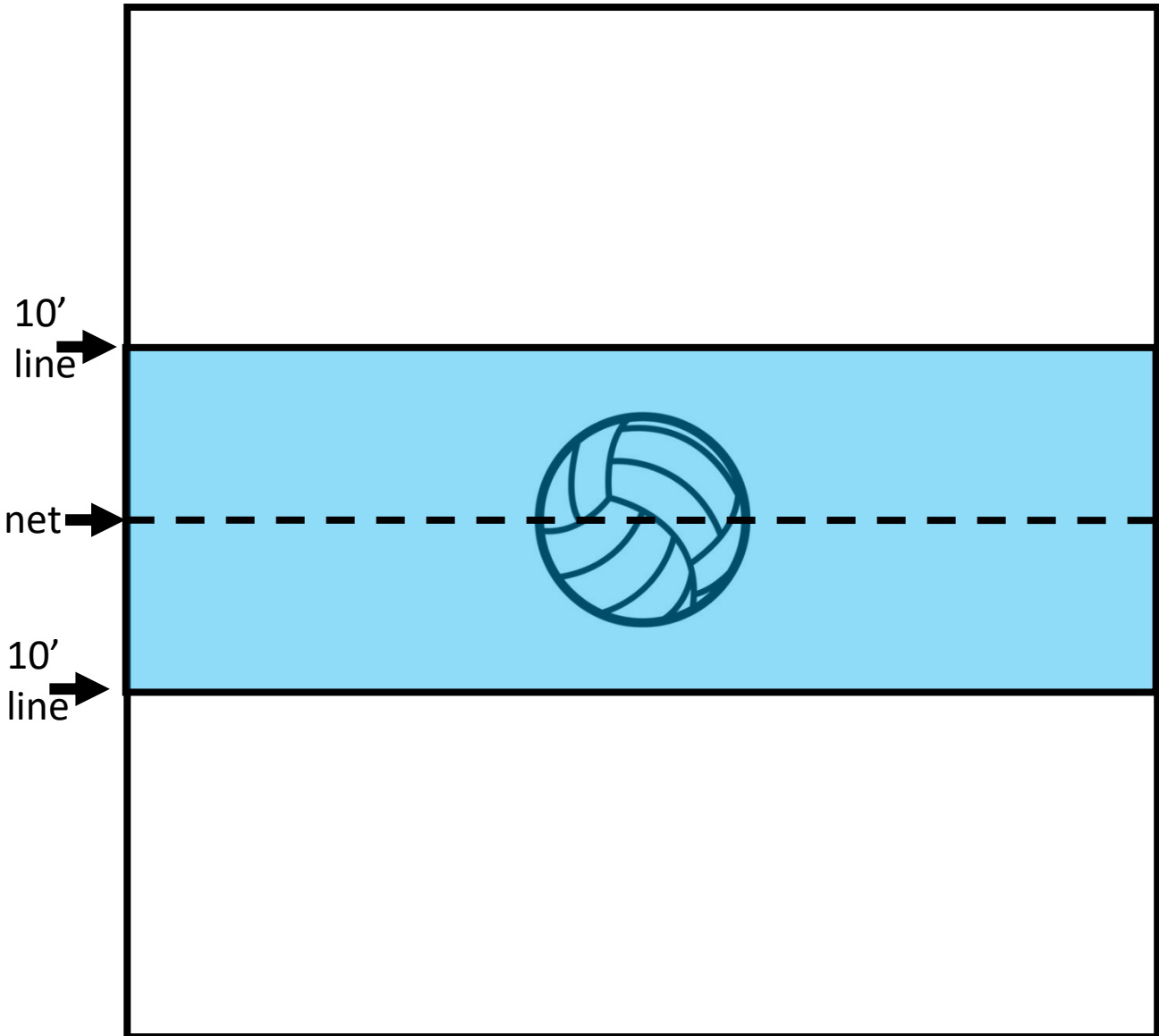


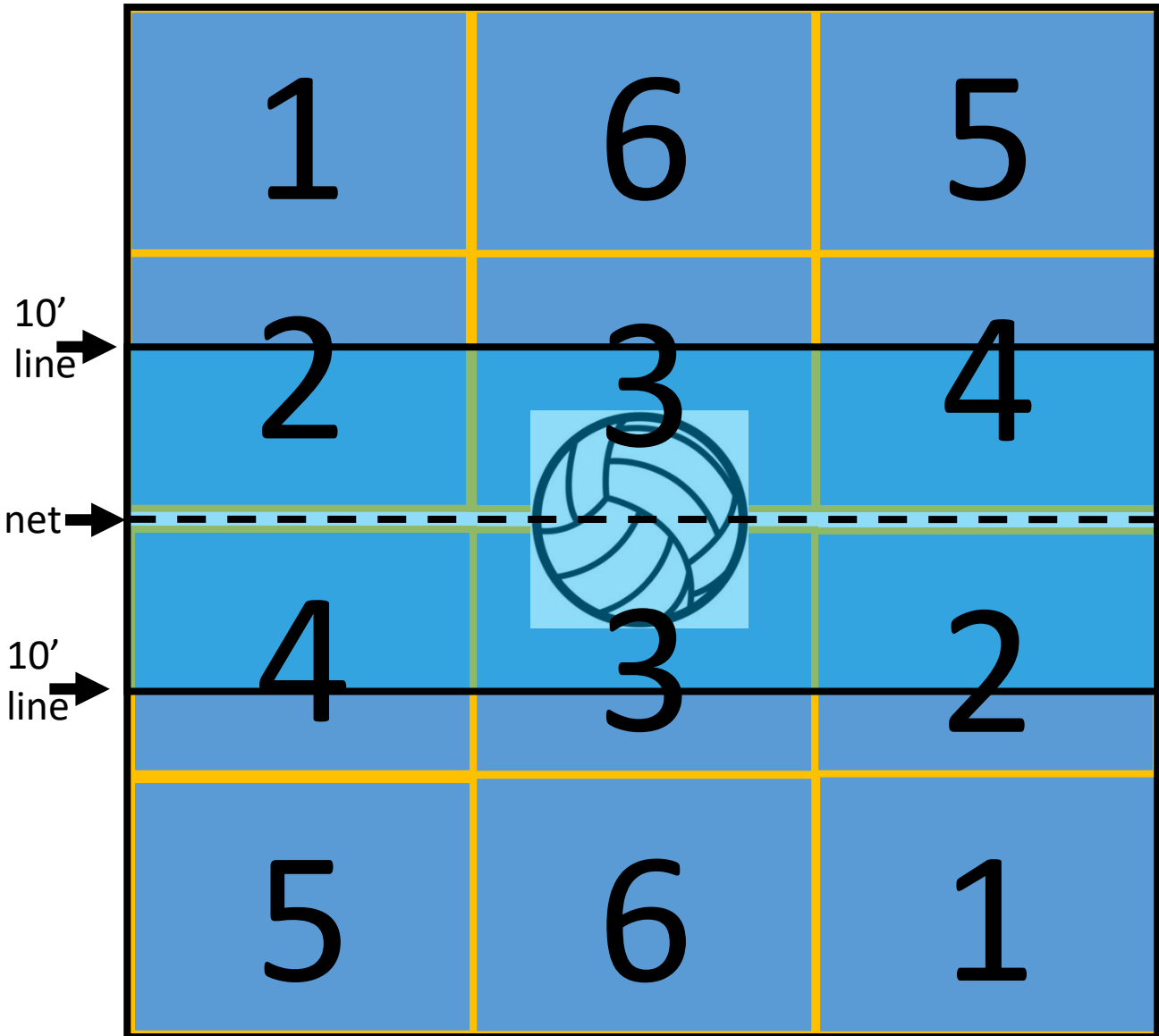
Where do I belong? Volleyball Rotation



Where do I belong?

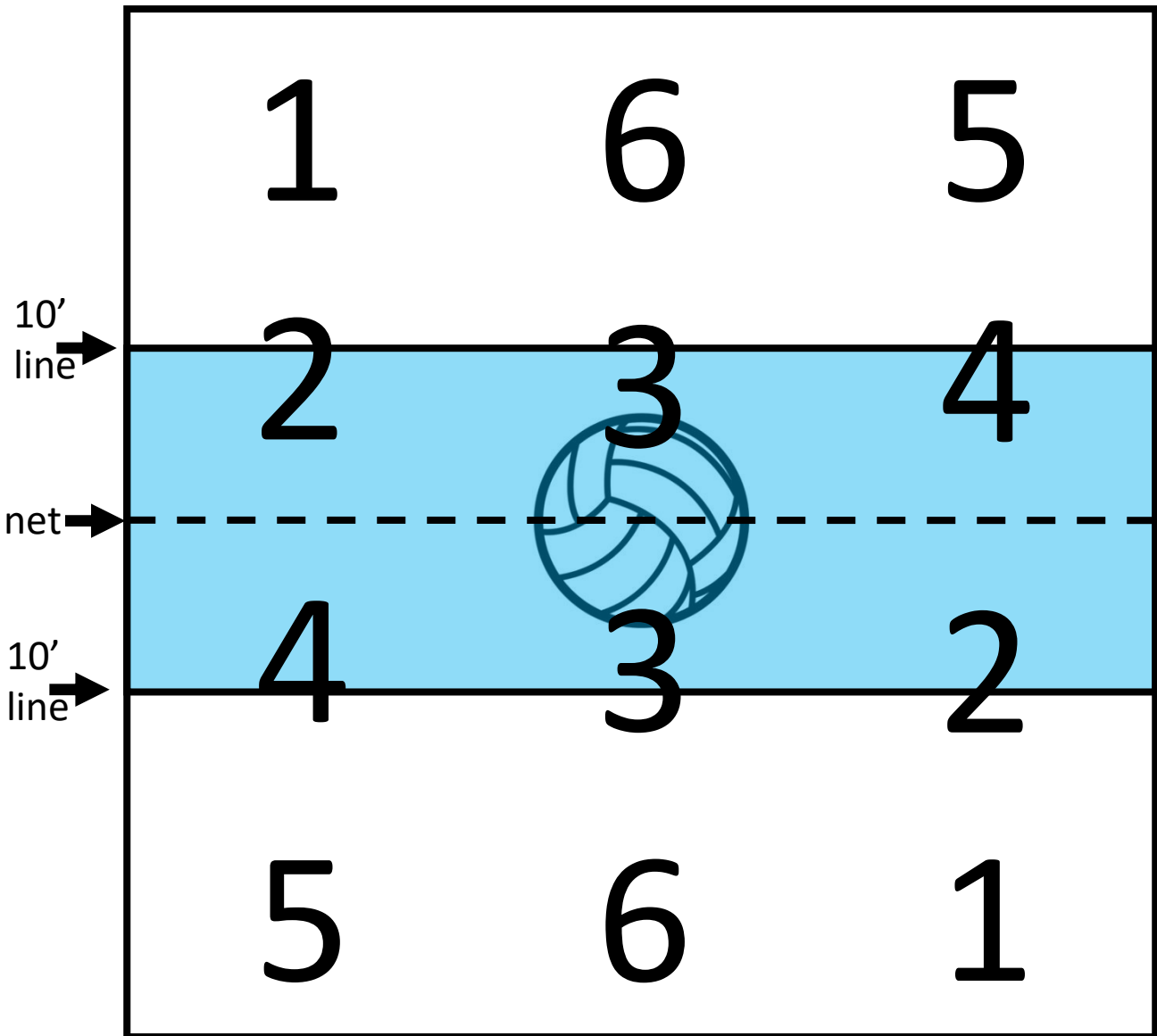
Volleyball Rotation

The court broken down and numbered by positions



The servers area is labeled number one and goes counterclockwise

Where do I belong? Volleyball Rotation

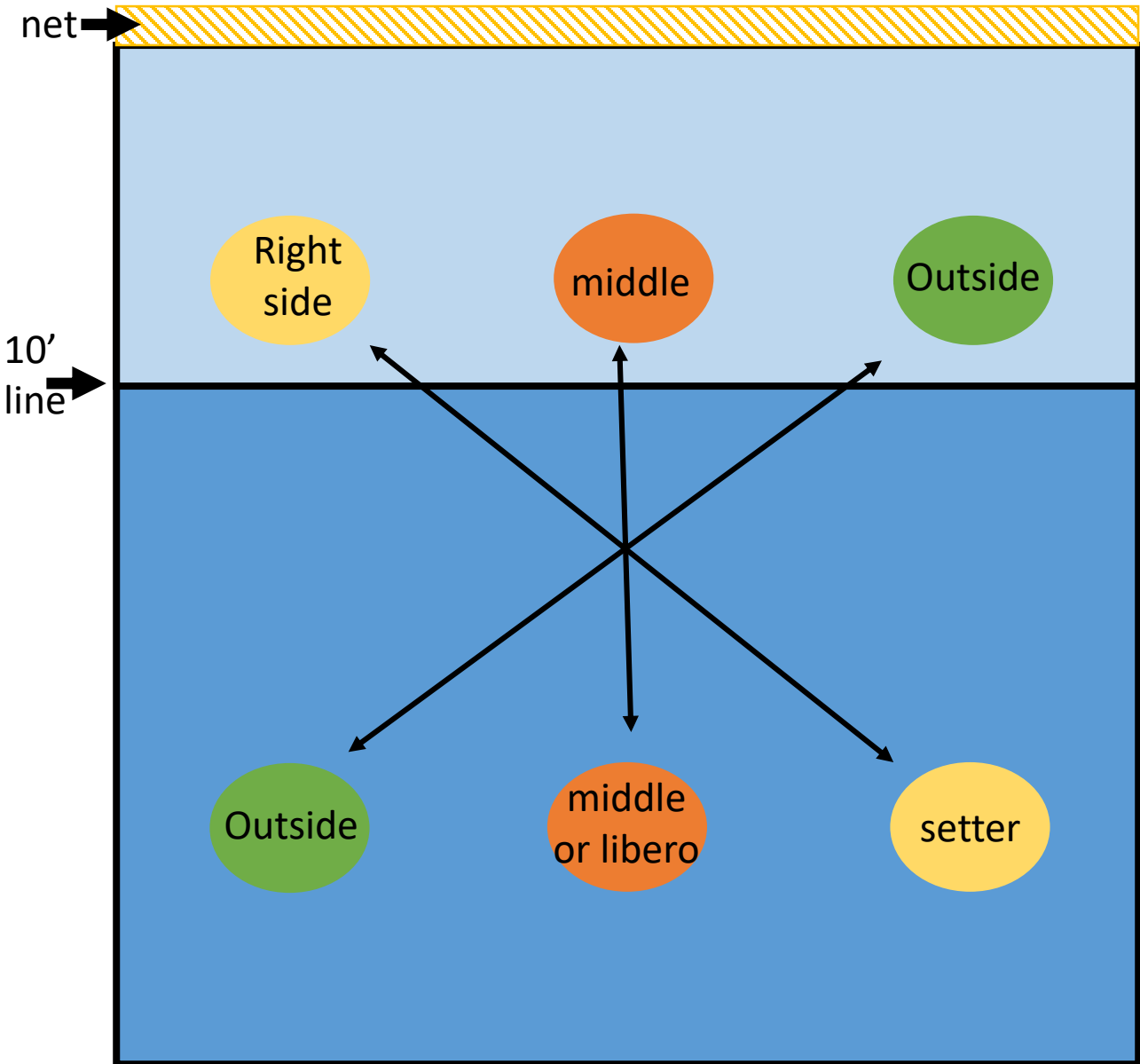


* Rules to rotation are based on where each player needs to be regarding their base area only up until the ball is served. We will go over how a player can extend their areas by backing up for serve receive

* Once the ball is served rotation is not considered but must be returned to prior to each serve.

Where do I belong? Volleyball Rotation

The court broken down into your side of the court



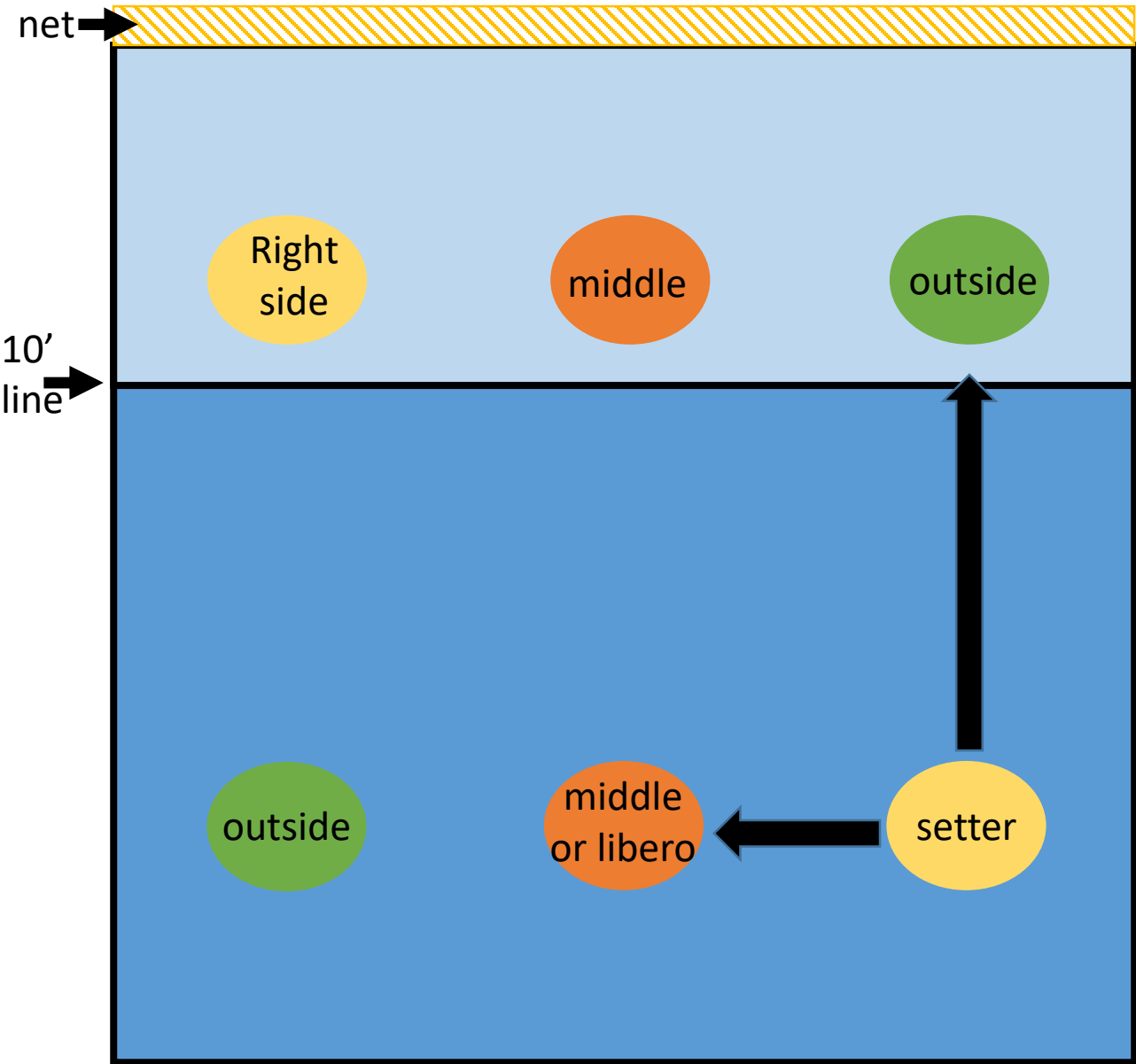
This is your starting lineup.

Wherever your position starts you still have an opposite in another area.

Keys for the player in position 1 to look for to be in rotation:

Lets start off with the setter in area 1.

- ✓ Must be behind the player in area 2 (OH)
- ✓ Must be to the right of the player in area 6 (libero). Think of this as the "L" rule.



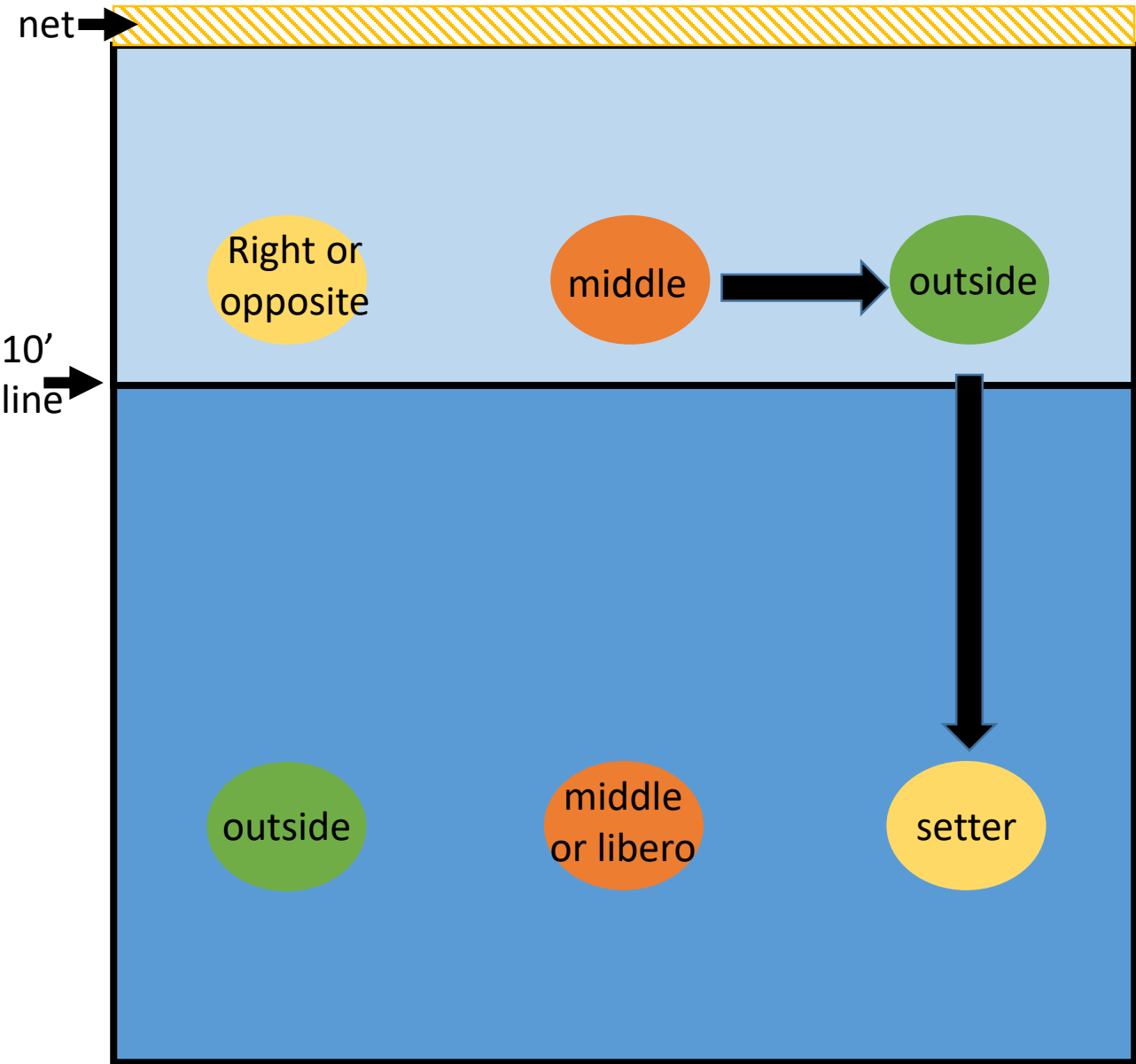
Note: as players rotate positions the rules for areas 1-6 of the court do not.

Note: As the team rotates the new player to area 1 would now need to adhere to the rule of "L" for area number 1.

Keys for the player in position 2 to look for to be in rotation:

Lets move to the player in area 2.

- ✓ Must be forward of the player in area 1
- ✓ Must be to the right of the player in area 3. Remember the "L" rule.



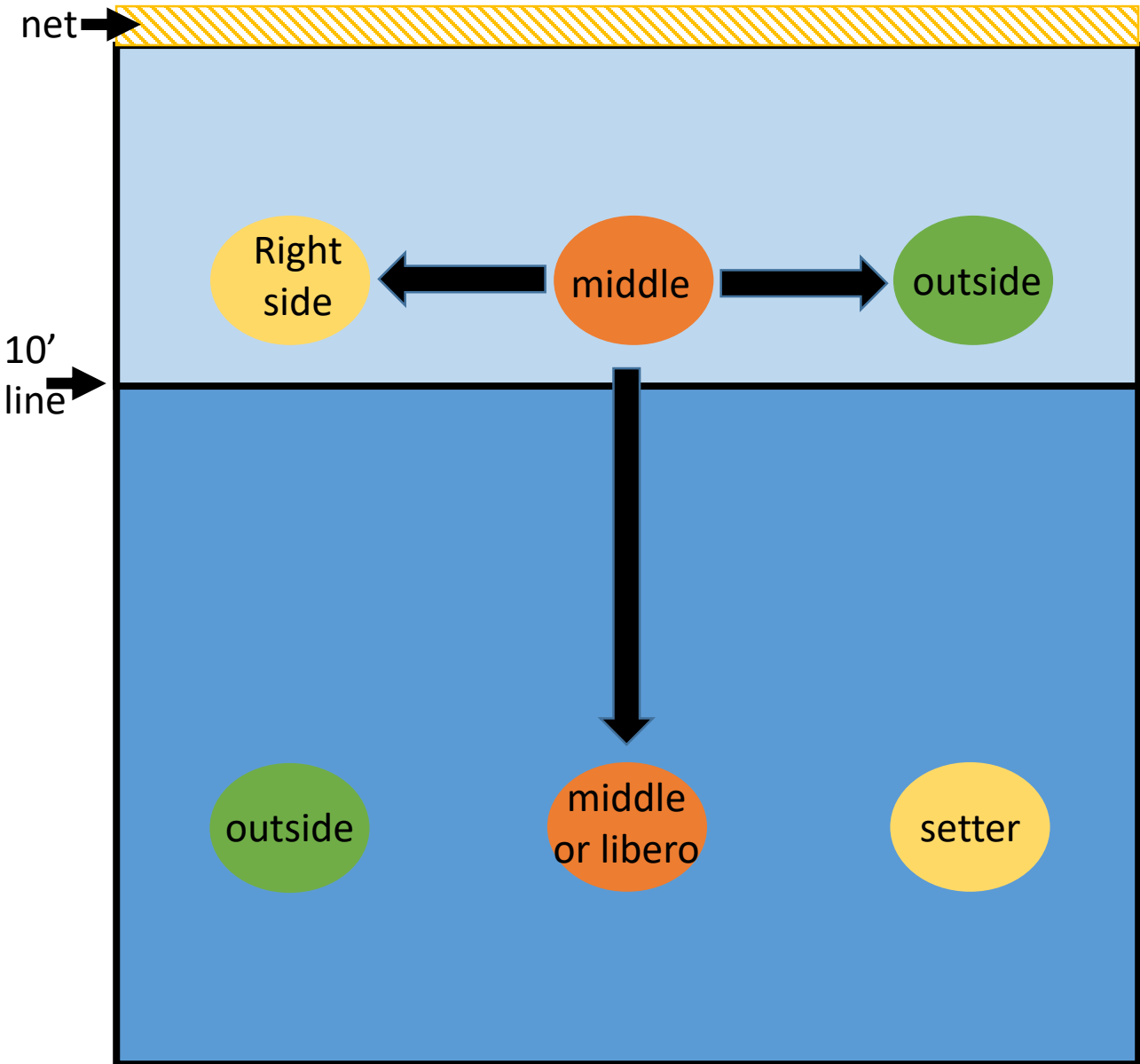
Note: As players rotate areas the rules for areas 1-6 of the court do not.

Note: As the team rotates the new player to area 2 would now need to adhere to the rule of "L" for area number 2.

Keys for the player in position 3 to look for to be in rotation:

Lets move to the player in area 3.

- ✓ Must be forward of the player in area 6
- ✓ Must be to the right of the player in area 4
- ✓ Must be to the left of the player in area 2, think of this as the "T" rule.



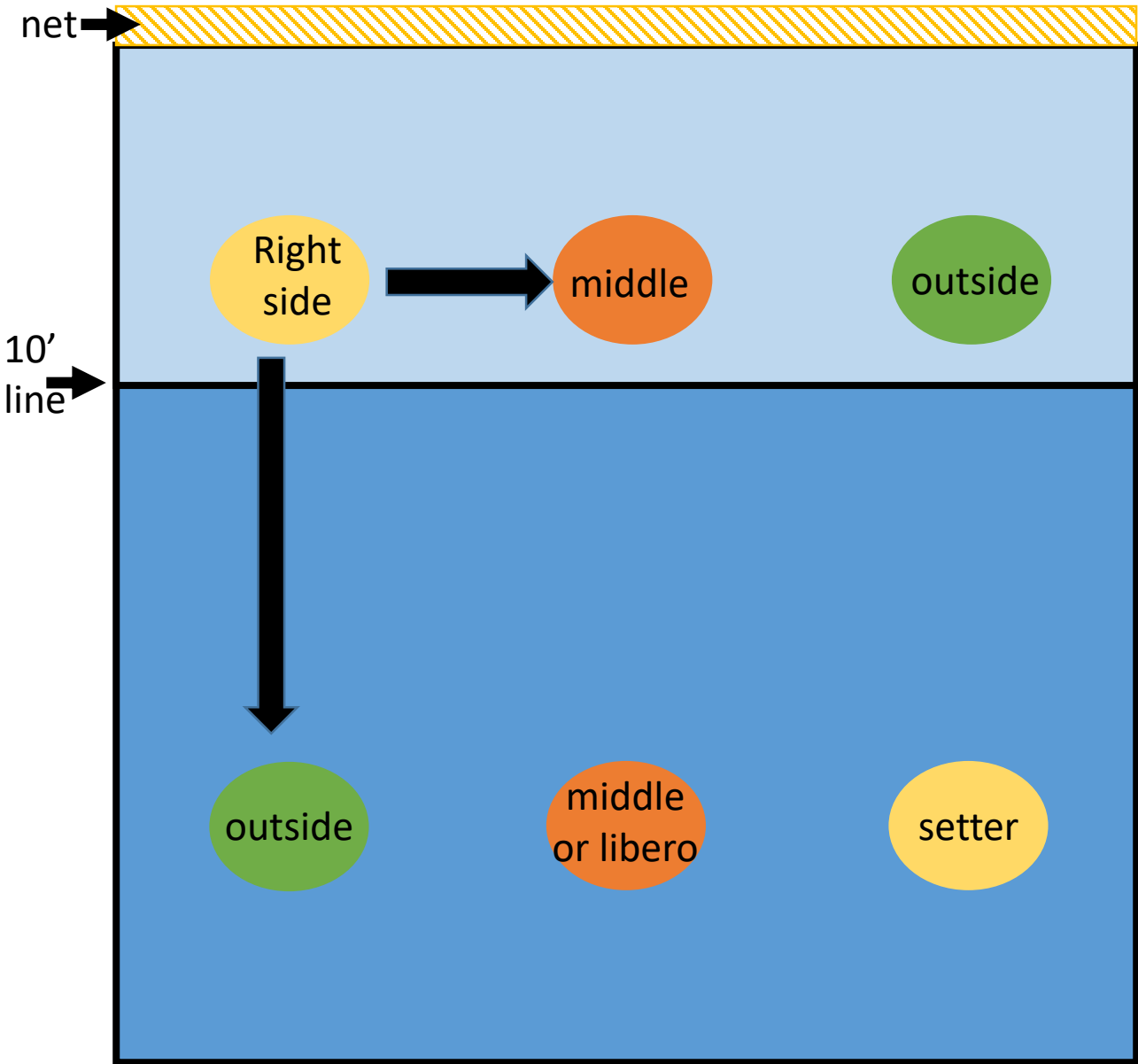
Note: As players rotate areas the rules for areas 1-6 of the court do not.

Note: As the team rotates the new player to area 3 would now need to adhere to the rule of "T" for area number 3.

Keys for the player in position 4 to look for to be in rotation:

Lets move to the player in area 4.

- ✓ Must be forward of the player in area 5
- ✓ Must be to the left of the player in area 4. Remember the "L" rule.



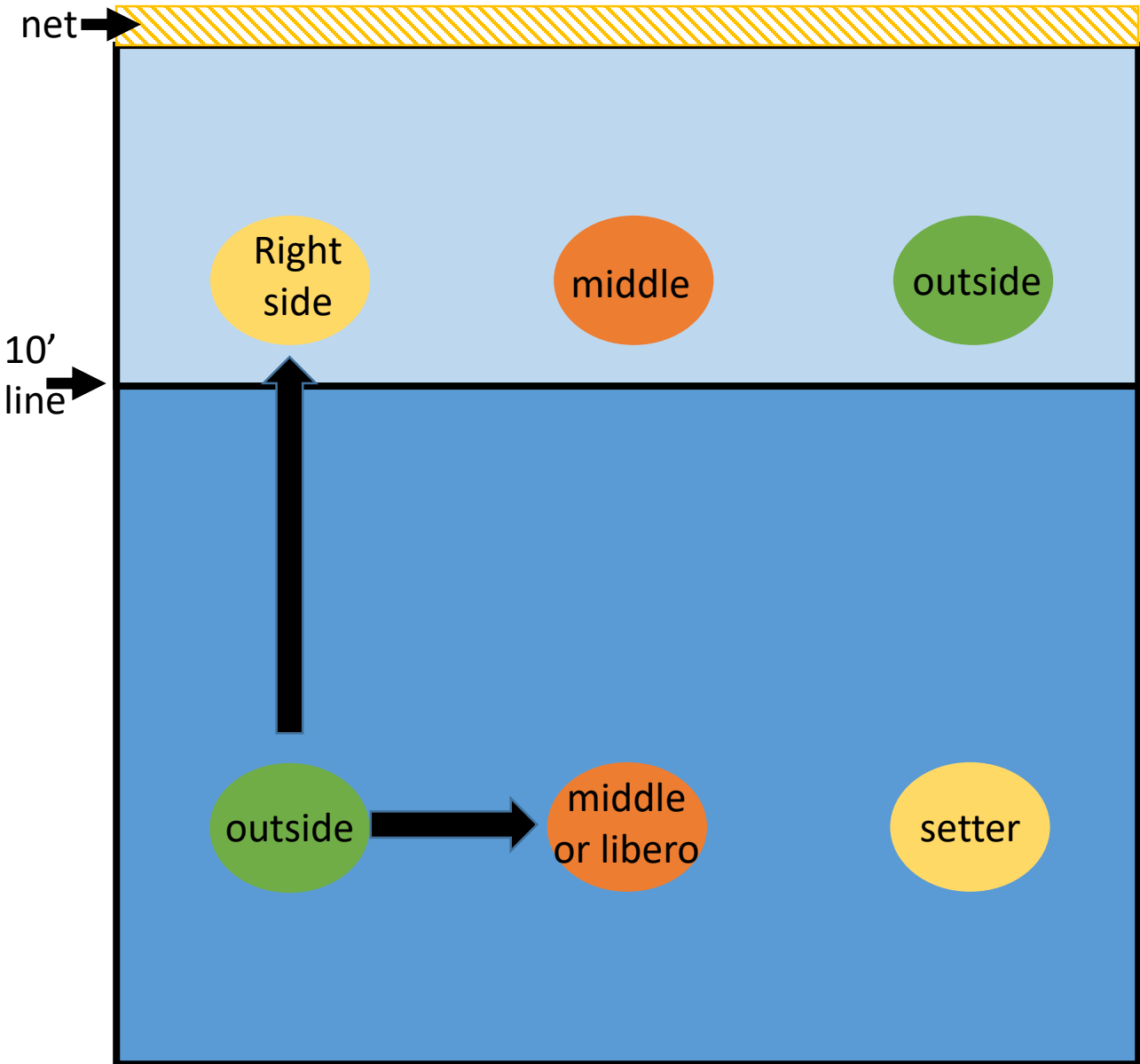
Note: As players rotate areas the rules for areas 1-6 of the court do not.

Note: As the team rotates the new player to area 4 would now need to adhere to the rule of "L" for area number 4.

Keys for the player in position 5 to look for to be in rotation:

Lets move to the player in area 5.

- ✓ Must be behind the player in area 4
- ✓ Must be to the right of the player in area 6. Remember the “L” rule.



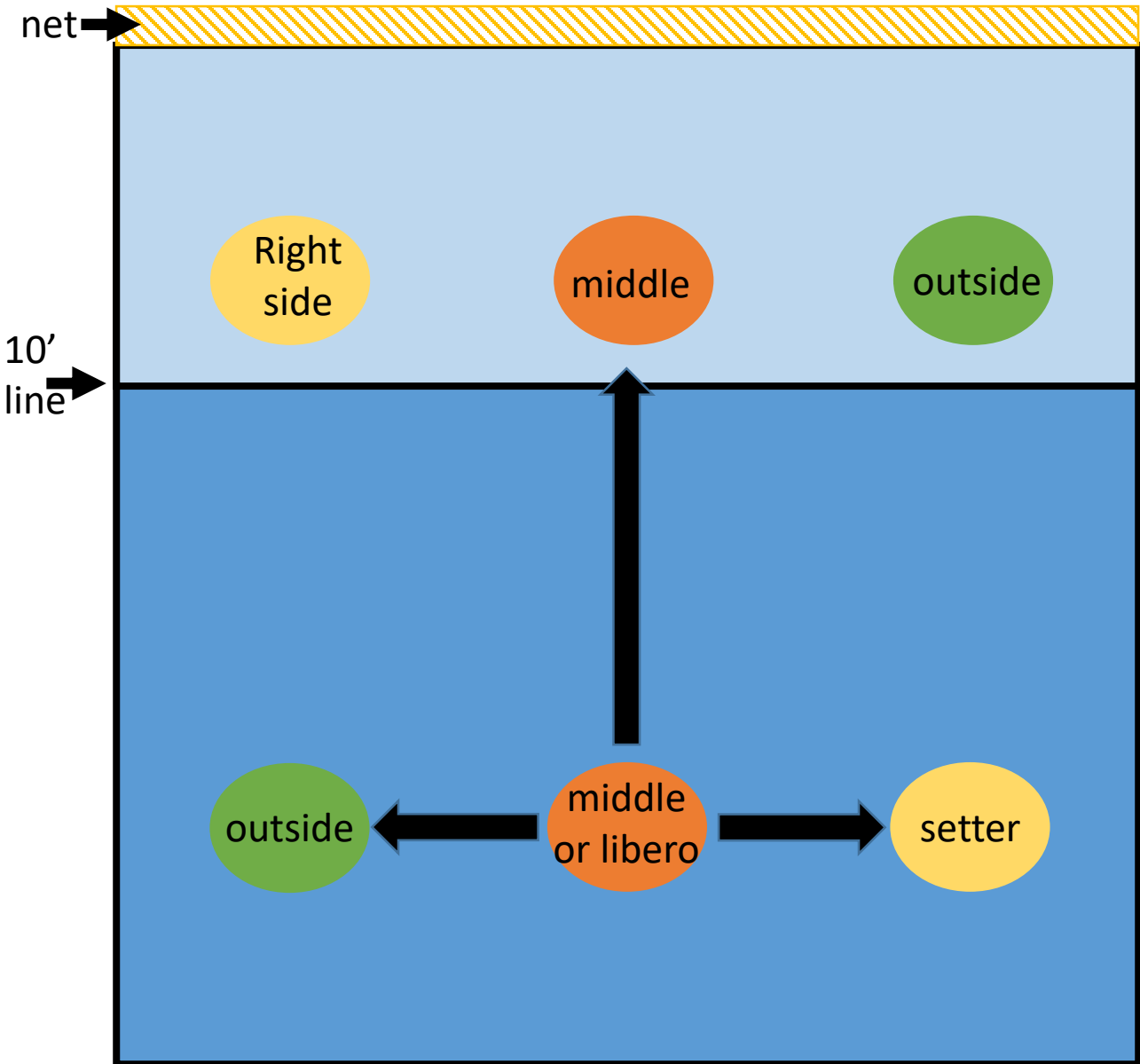
Note: As players rotate areas the rules for areas 1-6 of the court do not.

Note: As the team rotates the new player to area 5 would now need to adhere to the rule of “T” for area number 5.

Keys for the player in position 6 to look for to be in rotation:

Lets move to the player in area 6.

- ✓ Must be behind the player in area 3
- ✓ Must be to the right of the player in area 5
- ✓ Must be to the left of the player in area 1, think of this as the "T" rule.

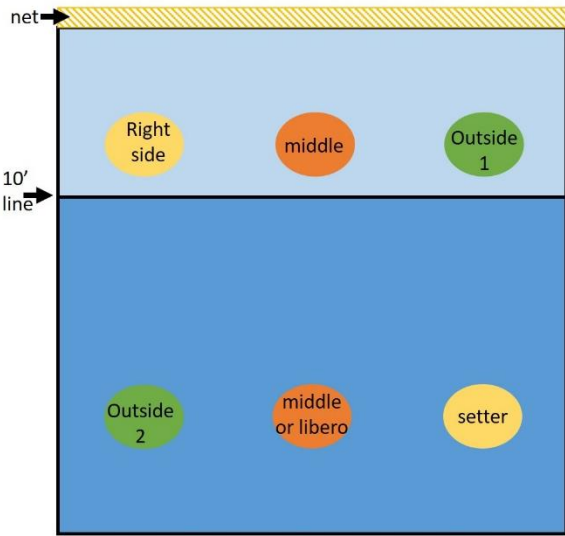


Note: As players rotate areas the rules for areas 1-6 of the court do not.

Note: As the team rotates the new player to area 6 would now need to adhere to the rule of "L" for area number 6.

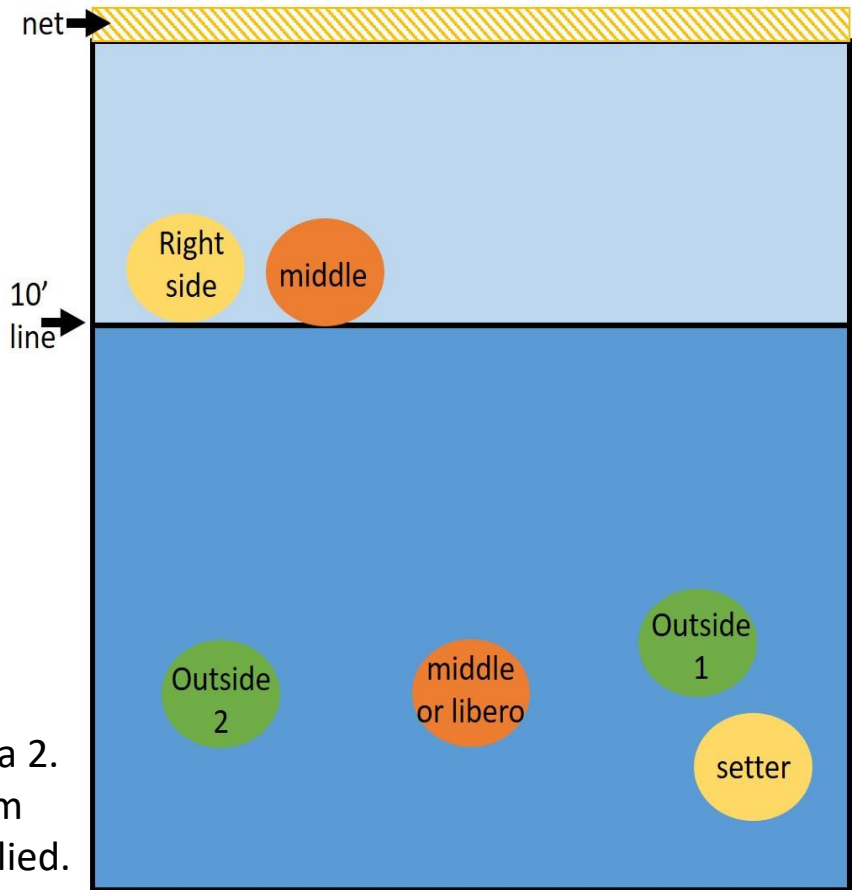
Common formation with the setter in zone 1 for serve receive.

This is your base area you belong to for rotation 1.



Understand that each coach may have different formations due to players or situations. Each will follow the rules. This is only one example of a serve receive rotation setup.

Now lets move to receive the serve!



The setter in this instance is:

- ✓ Behind the outside from area 2.
- ✓ To the right of the libero from area 6. The rule of "L" is applied.

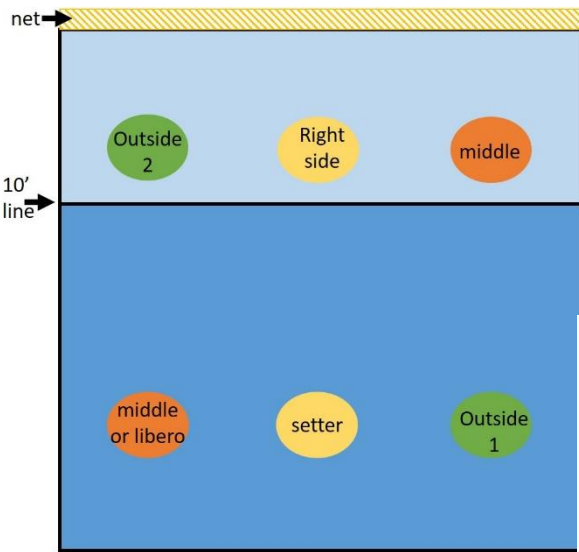
The outside #1 in this instance is no longer in area 1 but they are still applying the rule of "L" assigned to their area.

- ✓ In front of the setter from area 1
- ✓ To the right of the middle assigned to area 3

All other players are applying the rules for their positions.

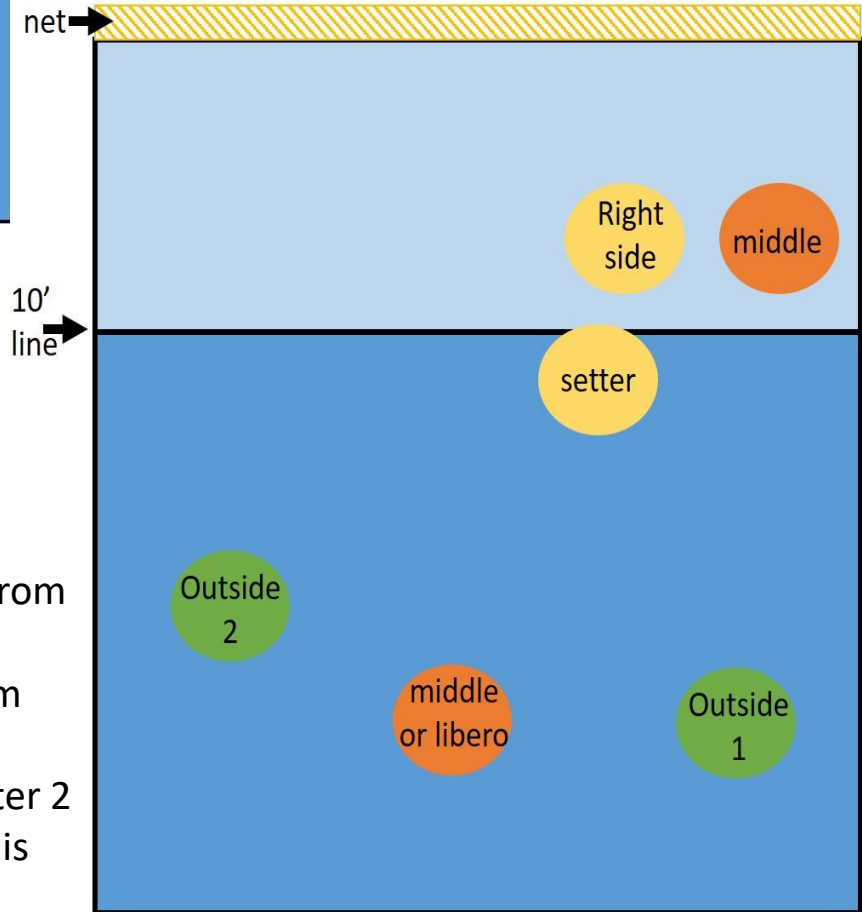
Common formation with the setter in zone 6 for serve receive.

This is your base area you belong to for rotation 2.



Understand that each coach may have different formations due to players or situations. Each will follow the rules. This is only one example of a serve receive rotation setup.

Now lets move to receive the serve!



The setter in this instance is:

- ✓ Behind the right side hitter from area 3.
- ✓ To the right of the libero from area 5.
- ✓ To the left of the outside hitter 2 from zone 1. The rule of "T" is applied.

The outside 2 player in this instance is no longer in area 4 but they are still applying the rule of "L" assigned to their area.

- ✓ In front of the libero from area 6
- ✓ To the left of the right assigned to area 3.

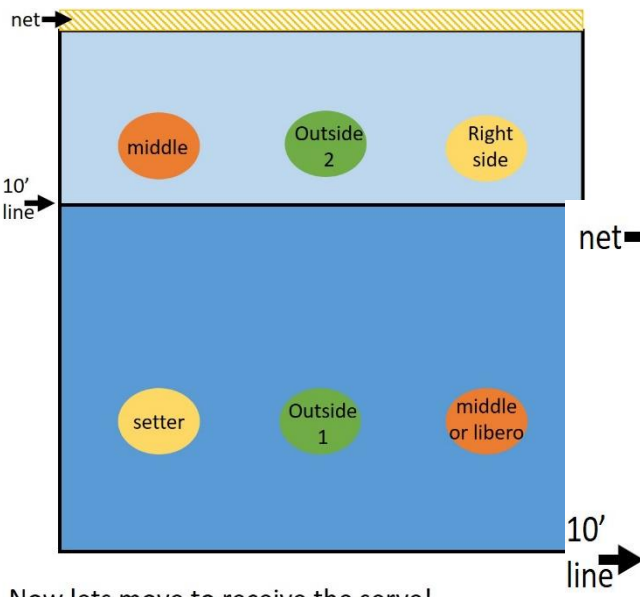
The outside 1 player in this instance is still applying the rule of "L" assigned to their area.

- ✓ Behind the middle from zone 2
- ✓ To the right of the setter assigned to area 6.

All other players are applying the rules for their positions.

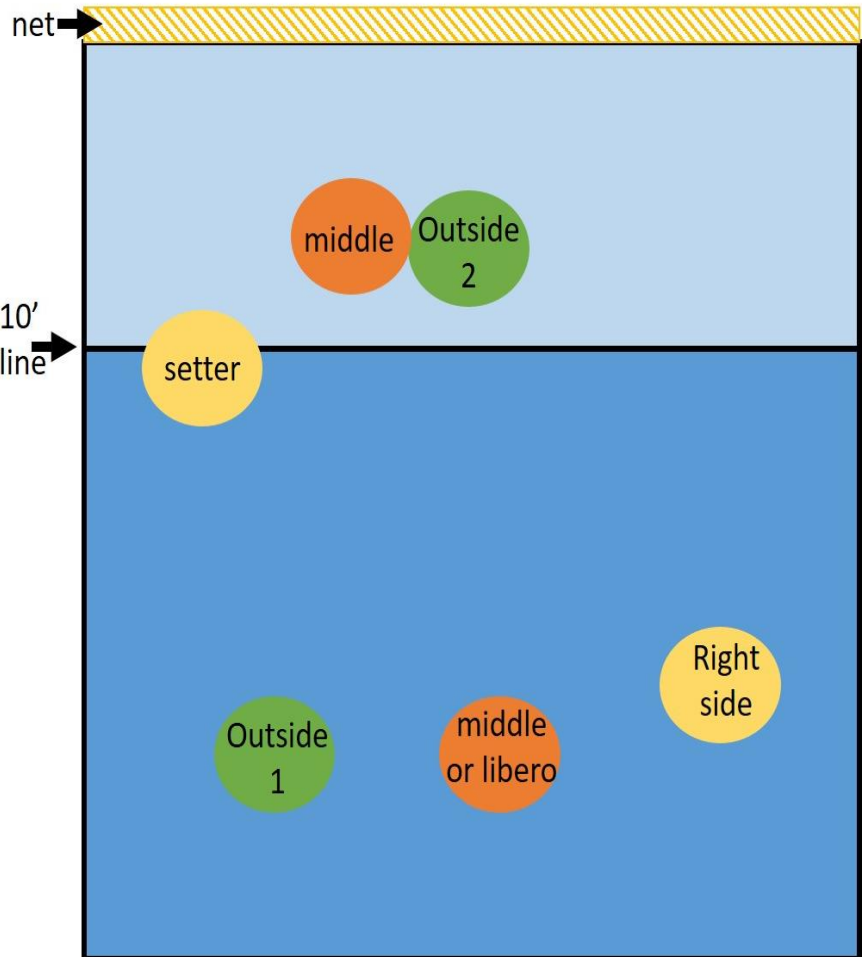
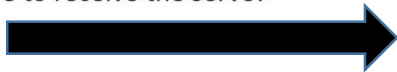
Common formation with the setter in zone 5 for serve receive.

This is your base area you belong to for rotation 3.



Understand that each coach may have different formations due to players or situations. Each will follow the rules. This is only one example of a serve receive rotation setup.

Now lets move to receive the serve!



The setter in this instance is:

- ✓ Behind the middle
 - ✓ To the left of outside hitter
- The rule of "L" is applied.

The right side player in this instance is no longer in area 4 but they are still applying the rule of "L" assigned to their area.

- ✓ In front of the libero from area 1
- ✓ To the left of the Outside 2 assigned to area 3. The rule of "L" is applied.

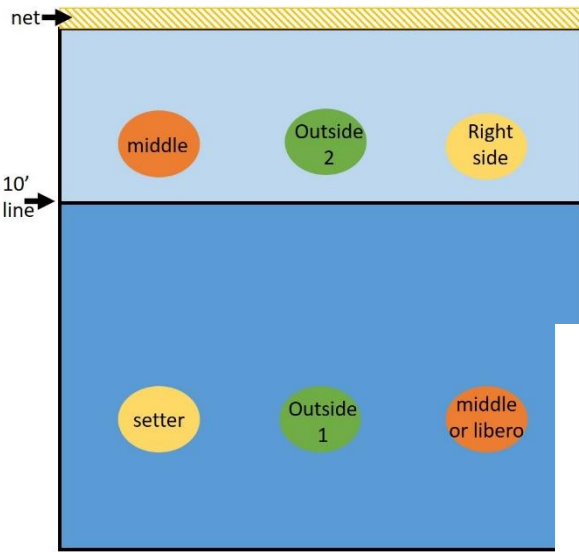
The outside 1 player in this instance is applying the rule of "T"

- ✓ Behind the outside from zone 3
- ✓ To the right of the setter assigned to area 5
- ✓ To the left of the libero assigned to zone 1.

All other players are applying the rules for their positions.

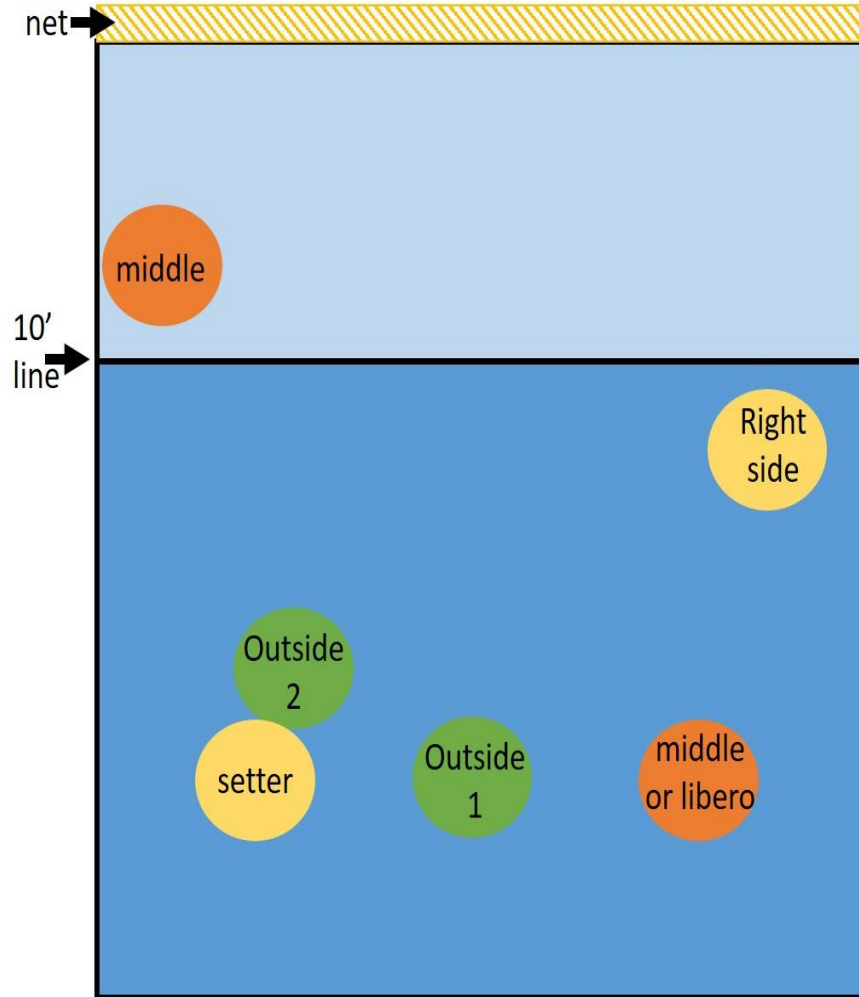
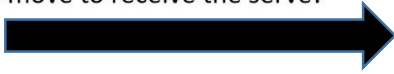
Common formation with the setter in zone 5 for serve receive.

This is your base area you belong to for rotation 3.



Understand that each coach may have different formations due to players or situations. Each will follow the rules. This is only one example of a serve receive rotation setup.

Now lets move to receive the serve!



The setter in this instance is:

- ✓ Behind the middle
 - ✓ To the left of Outside hitter
- The rule of "L" is applied.

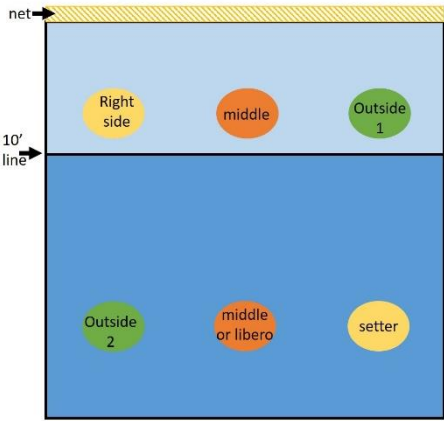
The outside 2 player in this instance is applying the rule of "T"

- ✓ Forward of the outside 1 from area 6
- ✓ To the right of the middle assigned to area 4
- ✓ To the left of the right side assigned to zone .

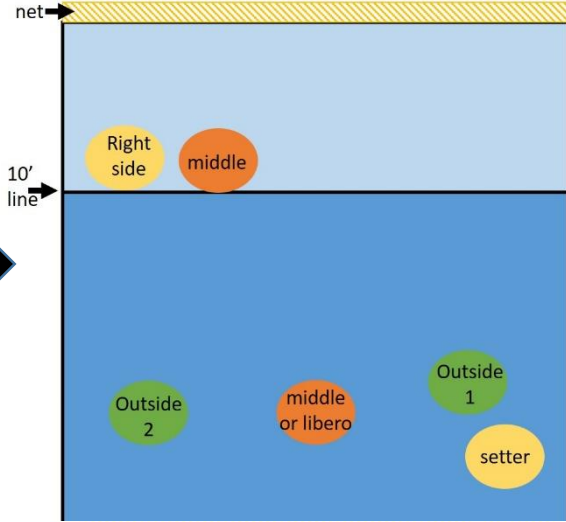
All other players are applying the rules for their positions.

Rotation 4-6 are mirrors to 1-3

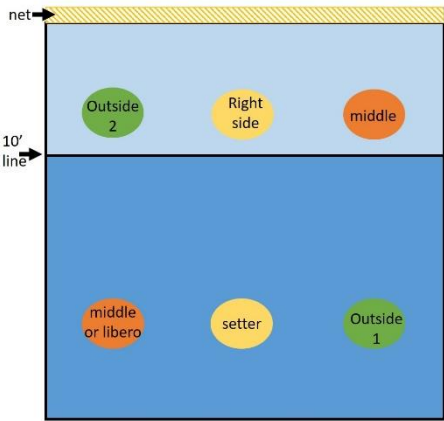
This is your base area you belong to for rotation 1.



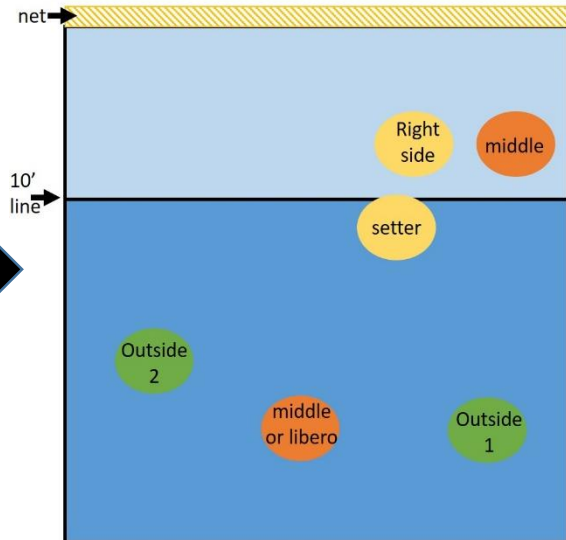
Now lets move to receive the serve!



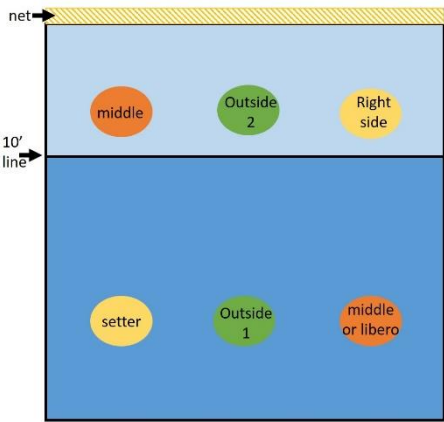
This is your base area you belong to for rotation 2.



Now lets move to receive the serve!



This is your base area you belong to for rotation 3.



Now lets move to receive the serve!

